

MAJOR GOAL SETTING

START DATE: _____ FINISH DATE: _____

SETTING POWER GOALS

➤ **Personal Goals**

➤ **Relationship Goals**

➤ **Future Goals**



BEYOND BEAUTY

MY AFFIRMATIONS



MY GOALS THAT ARE NOW MY CURRENT THINGS

(List them below)

MY CURRENT GOALS THAT WILL BE MY VERY NEAR FUTURE THINGS

(list them below)

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List some of the reasons why you have allowed your goals to fall by the wayside, and allowed your dreams to die or simply staring at your goals day after day, month after month and now year after year.

And while you're thinking and listing.... let me tell you a secret. We ALL have the fear of being judged and failing dreams. They don't disappear with success. Sometimes they even increase, because it seems as if you have more to loose. But what's most important here, is that you write out your GOALS and DREAMS.

Get Familiar with your Goals and Dreams Again then begin to plan and bring it to pass.

Remember You are more than your Beauty, You have endless Potentials.

LIST OF MY GOAL BUSTERS

- _____
- _____
- _____
- _____
- _____

BIGGEST REASONS GOALS FAIL

1. Magnifying our fears more than our Abilities.
2. Procrastination
3. Excuses Excuses Excuses
4. No accountability to a Coach
5. Fear of judgement
6. Not setting our Priorities right.

Your Biggest reasons why your goals fail

Notes

